Claims

This listing of claims will replace all prior versions, and listings, of claims in the application:

- (Canceled).
- (Currently amended) The method of claim 7 wherein said composition is administered intranasally over a period of about five to fourteen days and then discontinued, providing at least many weeks worth of continuing pain diminishment thereafter.
 - (Cancelled).
- 4. (Currently amended) The method claim 6 9 wherein said composition is administered topically to the skin over a short period of about two weeks to several months and then discontinued, providing at least many weeks or months worth of continuing pain diminishment thereafter.
 - (Cancelled).
 - 6. (Cancelled).
- (Currently amended) A method of providing relatively long term diminishment of pain from headaches comprising
- (a) intranasally administering over a period of about five to fourteen days a composition of civamide (cis-8-methyl-N-vanillyl-6-nonenamide) or one of its salts in an amount of about 0.001 % to 1% (weight/weight) in a pharmaceutically acceptable vehicle, to achieve diminishment of pain,
 - (b) discontinuing said treatment of step (a) for a period of at least about three to six weeks, at least some diminishment of pain continuing through this period, and
 - (c) repeating the treatment of steps (a) and (b) upon the return of the pain.
 - 8. (Canceled).
- (Currently amended) A method of providing relatively long term diminishment of pain form from arthritis, neuralgia, or neuropathy comprising
 - (a) topically administering over a period of about two to four weeks a composition comprising

civamide (cis-8-methyl-N-vanillyl-6-nonenamide) or one of its salts in an amount of about 0.001% to 1% (weight/weight) in a pharmaceutically acceptable vehicle, to achieve diminishment of the arthritis, neuralgia or neuropathic pain,

- (b) discontinuing said treatment of step (a) for a period of at least about two to four months, at least some diminishment of pain continuing through this period, and
 - (c) repeating the treatment of steps (a) and (b) upon the return of the pain.